

10 Quick & Affordable Ways to Make Your Home More Energy Efficient in 2025

Save money, live better — your step-by-step guide from Ask Campbell



Why This Guide Will Help You

Improving your home's energy efficiency doesn't have to break the bank. Whether you're a homeowner or renter, there are simple and cost-effective upgrades you can make today to reduce your energy bills, increase indoor comfort, and lower your carbon footprint. In this guide, we'll share 10 quick and affordable energy-saving tips — from switching to LED lighting to sealing window gaps — that help make your home more eco-friendly and energy-efficient. These practical home improvement ideas are ideal for anyone looking to cut heating and electricity costs while adding value to their property in 2025 and beyond.



*"Home is not just a place;
it's where your heart finds
peace and your dreams
take flight."*



1. Switch to LED Bulbs

LED light bulbs use up to 60–80% less energy than traditional incandescent bulbs, and they last significantly longer. This simple switch can save the average UK household over £100 per year in electricity costs. Perfect for kitchens, hallways, and bathrooms.

[!\[\]\(cbe80b694ebd74fcfe136a095b608235_img.jpg\) Buy on Amazon \(Philips Warm White LED 6-Pack\).](#)

2. Install a Smart Thermostat

A smart thermostat like the Google Nest or Tado° allows you to automate your heating schedule, reducing unnecessary energy use when you're away or asleep. Most users save 10–15% on heating costs within the first year.

[!\[\]\(e474458956c9a37fbf9586ddb60a7fa1_img.jpg\) Buy on Amazon \(Google Nest Learning Thermostat\).](#)

3. Use Draft Stoppers

Cold air creeping in under doors can drastically increase heating costs. A quality draft stopper blocks airflow instantly, making your room feel warmer and reducing strain on your boiler.

[!\[\]\(870f5d5e9c0d57485634be3ecf52f3ca_img.jpg\) Buy on Amazon \(Twin Door Draft Stopper\).](#)

4. Insulate Hot Water Pipes

Uninsulated hot water pipes lose heat fast. Foam pipe lagging helps keep water hot longer, meaning your boiler runs less often. It's a fast, affordable DIY job that boosts water heating efficiency by up to 30%.

[!\[\]\(b792654f2cef9719eabeb6c5be00811e_img.jpg\) Buy on Amazon \(Foam Pipe Insulation – 1m x 22mm Pack\).](#)

5. Seal Window Gaps

Even small gaps around window frames can let cold air in and warm air out. Sealing them with weather stripping or silicone sealant dramatically improves thermal performance and stops draughts.

[!\[\]\(2bdfe261b986065ee0ac76460d6528c9_img.jpg\) Buy on Amazon \(Weather Stripping Tape – Self Adhesive\)](#)

6. Use Heavy Curtains

Thermal or blackout curtains act as an extra insulation layer for your windows. Closing them at night retains up to 25% more heat, especially in older homes with single glazing.

[!\[\]\(23d9fc146e83b5c3013cfa32c784f8d5_img.jpg\) Buy on Amazon \(Deconovo Thermal Insulated Curtains\)](#)

7. Switch to Smart Plugs

Standby power (aka “vampire energy”) can account for up to 10% of your electricity bill. Smart plugs let you automate devices, cut phantom load, and monitor energy usage from your phone.

[!\[\]\(05be7c7a8995decd503647c99211f7c2_img.jpg\) Buy on Amazon \(TP-Link Tapo Smart Plug – 4-Pack\)](#)

8. Replace Showerheads

A low-flow showerhead uses less water without compromising pressure. This reduces both water and energy bills – especially if you're heating water with an electric or gas system.

[!\[\]\(758ebdf4629c903da74c2e079717ae32_img.jpg\) Buy on Amazon \(Triton Energy Efficient Shower Head\)](#)

9. Use a Power Strip

Plug multiple electronics into a single power strip to control them all with one switch. This is especially useful for entertainment systems or work-from-home setups. Look for strips with surge protection and built-in timers.

[!\[\]\(a8f9309f944226d1420f5fed22e2b6e6_img.jpg\) Buy on Amazon \(One Click Surge Protected Power Strip\)](#)

10. Run Appliances Off-Peak

Many UK utility companies offer cheaper night-time electricity rates. Use a plug-in timer to run washing machines, dryers, or dishwashers during off-peak hours. Great for dual-rate or Economy 7 meters.

[!\[\]\(c1168d6a8b365d11e842ece304635fa7_img.jpg\) Buy on Amazon \(Mechanical Plug-in Timer Switch\)](#)

BONUS: FREE CHECKLIST

Download your **FREE Home Energy Efficiency Checklist** and start saving on your energy bills today.

This easy-to-use guide helps you track essential energy-saving upgrades—like insulation, smart heating, and appliance efficiency—so you can lower household costs, reduce energy waste, and improve home comfort all year round.



Discover how Ask Campbell can help you save money, improve home energy efficiency, and boost your property's value with expert advice and proven solutions — [learn more at askcampbell.co.uk](https://askcampbell.co.uk).

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Small changes create lasting impact. When you take steps to improve your home, you're not just saving energy — you're investing in comfort, sustainability, and your family's future.

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